



KSH SAFETY SERVICES



Health and Social Care ONLINE TRAINING



Full list of approved courses overleaf and at
KSHSAFETY.COM/ONLINE



Nutrition and Hydration

This course will start by defining the various terms used when talking about nutrition and hydration in care environments, the basic elements of nutrition and eating a healthy balanced diet, identify the reasons why vulnerable people might suffer with dehydration and the tools you can use to identify people that are at risk of malnutrition and the steps you can take to deal with this condition.



Understanding your role in Care

This course will define social care and talk about why people choose it as a career and what its goals and objectives are. It will also cover job descriptions, person centred care, understanding code of practices and the basics of government legislation. Finally it will touch on dealing with conflicts at work.



Handling Information in a Care Setting

This course provides an introduction to the concept of handling information in care settings. At the end of the course you will understand the need for secure handling of information and you will know how to access support if you have any questions regarding access to information. The course will cover the important role confidentiality plays in developing trusting relationships with the people in your care and it will define key terms such as 'need to know' and 'consent'.



Your Personal Development

The course will start by looking at the way standards are set, monitored and regulated for social care organisations and workers throughout the UK. It then goes on to cover the codes of practice and legislation, reflecting on your work to ensure continued improvement, communication, feedback and much more.



Learning Disability Awareness

This course will start by giving you an overview of some of the common types and causes of learning disabilities and how they affect people. It will touch on how a person centred approach to care will get the best results and look at how management must perform, and at the needs of the individual. I will also discuss overcoming the stigma attached to learning disabilities and much more.



Introduction to the Safe Handling of Medicines

This Introduction to the Safe Handling of Medicines course will start by explaining the key terminology used when handling medicines. It then goes into detail about the roles of the people involved, some of the different groups of medicines, providing different levels of support to patients, infection control, label interpretation and much more...



Duty of Care

A duty of care is the requirement that all health and social care professionals, and organisations providing health and care services, must put the interests of service users first. This course will give you an introduction to the concept of duty of care, cover how duty of care affects your work, what to do if you come across a duty of care dilemma and where to go for support or advice along with some practical examples of duty of care situations.



Person-centred Care

This course will give you an understanding of person centred approaches for care and support, and how to implement a person-centred approach in an adult social care setting. It starts by explaining what we mean by person centred care and where this term originated. It then goes on to analyse the values represented by person centred care and explains why care should be as much as possible tailored to each service user. Finally it will give you an overview of care plans, daily reports, the importance of obtaining consent and much more.



Dignity and privacy

The course will start by defining dignity and privacy within the healthcare sector, and will explain how the two are quite often linked. I will then go on to give you a range of useful professional tips about setting up the right working relationship with your service users, and discuss some of the issues that can arise when dignity and privacy are not respected.



End of Life Care

This course will provide you with information about what to expect, how to handle some of the emotions associated with this time, and working with the other professionals involved in end of life care.

Other courses such as Mental Capacity Act and Deprivation of Liberty Standards also available at www.kshsafety.com/online. All courses required for the Care Certificate are available. See also leaflet on Health related online training



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