



KSH SAFETY SERVICES



Health & Safety

ONLINE TRAINING



Full list of approved courses inside and at
[KSHSAFETY.COM/ONLINE](https://www.kshsafety.com/online)



Working within the Private Security Industry

This course is an introduction to the private security industry, and the main services it covers. It discusses the body which regulates the industry, highlights the standards of behaviour expected from security operatives, and the law as it relates to the industry. It includes an in-depth look at health and safety issues, the concept of duty of care and examines a range of emergency situations which security operatives might be involved with. The course also covers communication skills, including tips for effective radio communication and instructions on how to use the phonetic alphabet.



Working in Confined Spaces

This course will cover the legislation associated with working in confined spaces. What constitutes a confined space, the potential hazards, safe operating procedures, and emergency procedures and rescue. Important note: This is an awareness course only, designed for people who need to be aware of the hazards and risks of confined space working but are not required to enter a confined space. If you are required to perform any work activity in, or in the proximity of, a confined space then you will also need to have an 'approved' standard of practical training at the 'appropriate' level.



Slips, Trips and Falls

This course will introduce you to some of the statistics relating to slips, trips and falls and dispel some of the myths surrounding them. It also touches on the law as it relates to slips, trips and falls. It contains real examples of where things have gone wrong and some practical steps that could have been taken to prevent these incidents. The course also covers some of the straightforward changes that can be made in most businesses to significantly reduce the risk of a slip, trip or fall incident occurring.



Personal Protective Equipment (PPE)

This course will show how wearing PPE plays a crucial role in preventing and reducing fatalities, injuries and diseases at work. It includes details of a wide range of PPE options, examines the legislation and regulations and also covers the role risk assessment plays in the selection and use of PPE. The course concludes with advice on how to use, fit and wear PPE and its physical and theoretical limitations.



Introduction to Personal Safety for Lone Workers

This course acts as an introduction to personal safety for lone workers and applies to those that work alone within business premises, mobile workers and homeworkers. It covers the legal responsibilities of both employers and employees, some of the common security precautions that can be implemented, practical steps you can take to avoid conflict in lone worker situations and other elements that can contribute to lone worker safety.



Introduction to Risk Assessment

At the end of this course, candidates will have an understanding of what a risk assessment is and how to complete one. To achieve this the course will define important terms, provide some basic background information to explain how important risk assessments are and discuss some of the legislation that applies. It will then go on to provide practical advice on how to identify hazards and analyse risk before finishing off by explaining the responsibilities of both employers and employees with regards to risk assessment.



CDM Awareness

This awareness course covers the core concepts of the regulations and details the various roles that are required for a construction project along with the key documents that need to be produced. It starts with an introduction to CDM, then covers some of the parameters that need to be checked when a project is being planned. It finishes by detailing a number of example projects that illustrate how the regulations can be applied.



Electrical Safety

This course will start by covering the many benefits electricity brings to society, as well as its key components voltage, current and resistance. It will explain the two main types of electricity, cover UK accident and death statistics, and describe a simple way of remembering the electrical hazards. It then goes on to provide basic instructions about how you could safely help someone you suspect has received an electric shock.



Asbestos Awareness

As well as informing you about the risks of working with asbestos, the course will deliver a lot more information about: Recognising asbestos, where it's used, minimising the risks and the legislation about working with asbestos.



Asbestos Awareness for Architects and Designers

As well as informing you about the risks of working with asbestos, the course will deliver a lot more information about: Recognising asbestos, where it's used, minimising the risks and the legislation about working with asbestos. This course is a variation on the Asbestos Awareness course that contains specific information for designers and architects.



Fire Extinguisher Training

Learn how to identify the different types of fire extinguishers that might be installed within your workplace and what situations they might be used in. At the end of the final module you will be presented with a simulation that will test what you've learnt.



Fire Marshal

The main outcome of this training course is to provide you with the knowledge to carry out the functions of a fire marshal. - Please note, this course also contains all of the content in the Basic Fire Awareness and Fire Extinguisher courses.



Fire Marshal for Care Homes

The main outcome of this training course is to provide you with the knowledge to carry out the functions of a fire marshal. - Please note, this course also contains all of the content in the Basic Fire Awareness and Fire Extinguisher courses. This course is a variation on the Fire Marshal course that contains information that is specific to employees of care and residential homes.



Basic Fire Safety Awareness

This course explains, in brief, why fires occur and what actions you must take to help prevent them starting and the actions you must take when they do. By completing this course you will be making your workplace a safer environment



Basic Fire Safety Awareness for Care Homes

This course explains, in brief, why fires occur and what actions you must take to help prevent them starting and the actions you must take when they do. By completing this course you will be making your workplace a safer environment. This course is a variation on the Basic Fire Awareness course that contains information that is specific to employees of care and residential homes.



Assessing Display Screen Equipment

This course is aimed at companies who employ users of display screen equipment, or DSE as it's often called and is intended to be completed by those who will be assessing the DSE set ups of employees. DSE is a term that covers a wide range of equipment. If equipment like this is not set up correctly, users are at increased risk from certain disorders.



Display Screen Equipment Awareness

This course is aimed at users of display screen equipment, or DSE as it's often called. DSE is a term that covers a wide range of equipment. If DSE equipment like this is not set up correctly, users are at increased risk from certain disorders. As an employee, you share the responsibility to keep people safe at work. That means undergoing relevant training and ensuring that rules are followed. This course is also useful for anyone setting up a home office.



COSHH: Control of Substances Hazardous to Health

This course covers what you need to know about the Control of Substances Hazardous to Health. It's aimed at anyone who is exposed to Substances Hazardous to Health at work, as well as line managers with responsibility for such people.



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Abrasive Wheels

This course is aimed at anyone who uses abrasive wheels, or employs people who use abrasive wheels as part of their work. It covers different types of abrasive wheel, safety in their use and how to identify the type of wheel.



Basic Legionella Management

This course explains the background to Legionella, the potential risks associated with water systems and how these can be prevented or controlled. It helps you to understand the risk that Legionella poses and helps you develop the systems and working practices you need to stay ahead. It gives you enough knowledge to get a Legionella control programme off the ground yourself – or make confident, informed choices when commissioning others to take this on for you.



Workplace Health and Safety

At the end of this course you will have an understanding of health and safety legislation and you'll be able to list common causes of accidents. You'll also be able to understand good practice in relation to electricity and describe the use of safe manual handling techniques as well as be able to describe good practice associated with COSHH regulations, be able to describe your action in the event of a fire and also you will know how to deal with an accident.



Working Safely

Working safely is in the interest and concern of all staff, both employers and employees. Health and safety is one of the few areas where the law places specific duties specifically on employees so a knowledge of where this applies and how to ensure that it is adhered to is vital to protect individuals and businesses. The course covers a wide range of topics including fire safety, asbestos awareness, working at height, COSHH, PPE and electricity. It also covers schemes for improving safety performance and methods of protecting the environment.



Working at Height

This course is aimed at anyone who undertakes work at height, or who employs people who regularly work at height. It covers what constitutes work at height, the safety issues, and how to assess and reduce some of the risks. Important note: Please note that this is an awareness course only, if your duties include working at height you will also need further practical training, you can get in touch with us to arrange this.



Noise Awareness

This course will show you how dangerous noise can be in the workplace, and the main safety issues you should be aware of. It will take you through some of the simple science, the main laws that apply and introduce you to noise level limits. It also covers some of the specific health risks and how to avoid them by producing risk assessments, action plans and through the provision of appropriate Personal Protective Equipment.



Sharps Awareness

In this course you'll learn about the prevalence and different types of 'sharps litter' that can be found in the UK. It then covers the primary and secondary risks from sharps including some of the common blood borne viruses. It also covers the responsibilities of employers, the equipment needed and the effectiveness of PPE. Finally, it'll cover how to report discarded sharps and the correct procedures to follow if you're unlucky enough to receive a sharps injury.



Manual Handling

This course outlines exactly what constitutes manual handling and covers the regulations and legislation that apply to manual handling tasks. It then goes on to cover safe handling techniques and how to develop good habits in relation to manual handling. It finishes off by introducing some practical solutions and the use of mechanical aids. Important note: Please note that this is an awareness course only, if your duties include manual handling you will also need further practical training, you can get in touch with us to arrange this.



Emergency First Aid At Work: Online Annual Refresher

This Emergency First Aid Refresher course will highlight some of the most common situations that you might come across and the actions that you can take to help.